

# THE ALIGNED PATHWAY

FOR WOMEN READY TO REDISCOVER THEMSELVES AND PURSUE SOMETHING MORE MEANINGFUL.

## “Where I Am & What’s Calling Me”

1. What am I in right now?

- ☐ Beginning again
- ☐ Growing something new
- ☐ Pausing to reflect
- ☐ Ready to evolve
- ☐ Feeling lost but open
- ☐ Other: \_\_\_\_\_

2. What does a fulfilling life look like to me (Personally & Professionally)?

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3. What activities/hobbies energizes me? List 3-5 things that make you feel alive.

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4. If fear or judgment didn’t hold me back, I would try...

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5. What do I want to feel more of in my work and life?

- ☐ Freedom
- ☐ Purpose
- ☐ Creativity
- ☐ Stillness
- ☐ Recognition
- ☐ Abundance
- ☐ Clarity
- ☐ Other: \_\_\_\_\_

6. What are my top goals for the week?

- ☐ Find a Mentor
- ☐ Find a Job
- ☐ A Community
- ☐ Networking Event
- ☐ Design my Product/Service
- ☐ Enhance My Skills/ Take a Course
- ☐ Attend a Workshop
- ☐ Other: \_\_\_\_\_

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## “Narrowing My Business Direction”

1. What do people often compliment me on or appreciate about me?

- ☐
- ☐
- ☐
- ☐
- ☐

2. Which parts of what I love doing could grow into a Business ? (List 1-3 things)

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3. Is there a real-life problem I've solved for myself that others are still trying to figure out?

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4. Whose life, values, or presence deeply inspires me? (List the names & why)

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5. What have I already built or explored and what still needs to be brought to life

- ☐ Market Research
- ☐ Market Needs & Demand
- ☐ What Problem Am I Solving
- ☐ Social Media Handle
- ☐ Marketing Plan
- ☐ Investment Budget
- ☐ Product/Services
- ☐ What I Will be Known For

## “Future Goals Notes”

# GOALS

To Transform Your Life and Elevate to the Top 1%

## Welcome

This planner is for the woman who knows she was meant for more. More joy. More wealth. More purpose. Over the next 90 days, you'll redefine your routines, mindset, and priorities. You'll rise—softly but powerfully—into the version of you who lives in her highest potential.

### **How to Use This Planner**

- Use it daily for 10–20 minutes.
- Set clear goals at the start of each month.
- Reflect weekly to course-correct and realign.
- Stay connected to your “why.”

### **The 1% Lifestyle Principles**

- Self-discipline is self-love.
- Vision before action.
- Inner clarity creates outer results.
- Wealth is attracted to alignment.
- Rituals over random effort.

### **My "Why" Page Prompt:**

- Why do I want to transform my life?
- What is the version of me I'm becoming?
- What does my dream life look and feel like?

# GOALS

1. My three big goals for the Month

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2. Why are these goals important to me?

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3. What smaller steps am I going to take for these goals

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4. What are my potential obstacles and how can I overcome them?

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4. Do I have any strategies or any system for my goals?

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5. What resources or supports do I need for these goals?

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# GOALS

1. What milestones or successes have I achieved along the way?

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2. What lessons have I learned from my setbacks and failures?

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3. What habits do I need to cultivate for constant progress?

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4. Where do I see myself 6 months from now?

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4. How will achieving my goals change my life?

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5. How would I reward myself for the progress

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